



The Night Light Cafes are an out of hours, non clinical support service for people who are struggling with their mental health. Hosted in church buildings in various areas of Lincoln and staffed by teams of trained volunteers, the cafes provide a warm welcome alongside a listening service and signposting advice.

Please see the current Night Light cafe timetable below and our map on the following page:

Monday 4pm - 8pm	St John the Baptist Church, Sudbrooke Drive, Ermine, LN2 2EF
Monday 8pm - 11pm	Bridge Central, Portland Street, LN5 7NN
Tuesday 4pm - 8pm	St Giles Methodist Church, Addison Drive, St Giles LN2 4LH
Tuesday 8pm - 11pm	St.Columba's Church Centre, Brant Road, LN5 8SE
Wednesday 4pm - 11pm	Bailgate Methodist Church, Bailgate, LN1 3AR
Thursday 4pm - 11pm	Boultham Breakthrough centre, Boultham Park Road, LN6 7ST
Friday 4pm - 8pm	Birchwood Breakthrough Centre, Larchwood Crescent, Birchwood LN6 0NA
Friday 8pm - 11pm	Bridge Hub, Newark Road, LN5 8NQ
Saturday 8pm - 11pm	The Salt house, Free School Lane, Lincoln LN2 1EY
Sunday 8pm - 11pm	Alive Central, Newland, LN1 1XG

Phone support is also available every evening.

To access the service, guests or referring agencies should call 0300 0111 1200 or make contact via our Facebook page, @nightlightcafeLincoln, to book a visit or to arrange phone support. Agencies can use the link below to make a referral: <https://forms.gle/1j6QaDrJXeCfZiYg6>

Please contact stacey@actstrust.org.uk if you have any questions.

Night Light Cafes in Lin... 🔍 ⋮

9 views

SHARE

EDIT

Night Light Cafes

- 🕒 Saint Giles Methodist Church & Christian C...
- 🌿 Bridge Central Portland Street
- 🔥 St John the Baptist Church of England
- 🏡 St Columba's Church
- 🍷 Bailgate Methodist Church
- 📶 Boultham Breakthrough Centre
- 📶 Bridge Community Hub
- 🕒 Life Church Lincoln
- 🌿 Alive Church Lincoln
- 📶 The Salthouse

